

Early support for parents / carers\* of children with neurodevelopmental differences including ADHD & Autism, both undiagnosed and diagnosed.

\*While we use the term parent/s, our supports are open to all care givers, including Grandparents, foster parents and other carers.







A project supported by the PEACEPLUS Programme, managed by the Special EU Programmes Body (SEUPB).

The Changing Lives Initiative: Flourish & Thrive offers free early supports to parents/carers of children who may be neurodivergent and experience the world in their own unique way - including those with or without a diagnosis of ADHD, Autism, or other neurodevelopmental differences.

We offer a range of interventions including: workshops, short programmes, on-line supports and longer evidence-based parent programmes. To get started:

1. Scan the QR code below.

**FLOURISH & THRIVE** 

- 2. Fill out the short Expression of Interest form.
- 3. A member of our team will contact you by email or phone to guide you through the next steps.

For more information, visit www.changinglivesinitiative.com







